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## CLAIMS

What is claimed is:

1. A method of optimizing the pacing mode and inter-site delay configuration of a dual chamber  
5 pacemaker of the type having means for sensing atrial depolarization events, means for sensing ventricular depolarization events and means for applying cardiac stimulating pulses selectively to the right, left or both ventricular chambers at a plurality of sites at  
10 predetermined delay intervals following detection of atrial depolarization events, comprising the steps of:
  - (a) tracking a patient's intrinsic atrial depolarization events;
  - (b) measuring the patient's atrial cycle length  
15 (ACL) between successive atrial depolarization events over a first predetermined number of heart beats,  $N_1$ , a first set of inter-site delay intervals and storing the measured ACLs as an array in a memory to establish a baseline  
20 value;
  - (c) changing at least one of one or more inter-site delay intervals and pacing mode configuration s for a second predetermined number of heart beats,  $N_2$ , less than the first predetermined  
25 number of heart beats by changing
    - (i) the delay interval of the pacemaker between successive sites from the baseline value to a different delay interval;
  - (d) measuring the patient's ACLs between successive  
30 atrial depolarization events over the second

predetermined number of heart beats and storing the measuring ACLs in the array in said memory;

(e) calculating and storing an ACL feature value obtained from the patient's atrial cycle length measured in steps (b) and (d);

(f) repeating steps (a)-(e) in iterative cycles over a range of inter-site delay intervals;

(g) after step (f) for each pacing mode inter-site delay configuration calculating the average of the ACL features over all of the occurrences of the configuration;

(h) determining the optimal configuration from among the averages determined in step (g); and

(i) setting the inter-site delays and pacing mode configuration of the pacemaker to the optimal inter-site delays and pacing mode configuration established in step (h).

2. The method of claim 1 wherein the ACL feature value is calculated by the steps of:

(j) smoothing the array of ACLs;

(k) determining from the smoothed array of ACLs a maximum value and a minimum value in a first predetermined interval measured in beats for each inter-site delay and pacing mode configuration;

(l) determining from the smoothed array a mean value of ACLs in a second predetermined interval measured in beats for each inter-site delay and pacing mode configuration;

- 5 (m) computing an absolute value of the difference between said maximum value and said mean value and computing an absolute value of the difference between said minimum value and said mean value;
- 10 (n) comparing the absolute value of the difference between the maximum value and the mean value with the absolute value of the difference between the minimum value and the mean value to determine which is the larger; and
- 15 (o) setting the ACL feature value to the difference between the maximum value and the mean value when the absolute value of that difference is greater than the absolute value of the difference between the minimum value and the mean value, and setting the ACL feature value to the difference between the minimum value and the mean value when the absolute value of the difference between the maximum value and the mean value is less than or equal to the absolute value of the difference between the minimum value and the mean value.
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3. A method for optimizing delay intervals between pacing sites and pacing mode configuration of a programmable dual chamber cardiac pacemaker of the type having means for sensing atrial and ventricular depolarization events, including a microprocessor-based controller for using a plurality of sites for selectively stimulating the right, the left or both ventricular chambers with pacing pulses at predetermined delay

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intervals following detection of atrial depolarization events, the microprocessor-based controller having means for determining atrial cycle lengths and a memory for storing data in an addressable array, comprising the

5 steps of:

- 10 (a) storing in the memory a listing of pacing mode and inter-site delay configurations, each such configuration specifying ventricular chamber(s) to be stimulated and inter-site delay intervals to be utilized;
- 15 (b) pacing the ventricular chamber(s) in accordance with a pacing mode inter-site delay configuration selected randomly from said listing for a first number of beats,  $N_1$ , following a second number of intrinsic beats,  $N_2$ , sufficient to establish a base line;
- (c) repeating step (b) for each pacing mode and inter-site delay configuration contained in the listing;
- 20 (d) determining the ACL values between each of the  $N_1$  and  $N_2$  beats resulting from steps (b) and (c) and storing said ACL value in the addressable array in the memory;
- (e) repeating steps (b) through (d) a predetermined number of instances,  $N_3$ ;
- 25 (f) smoothing the array of ACLs;
- (g) determining for all  $N_3$  instances of each pacing mode and inter-site delay configuration the maximum value of the smoothed ACLs in a first
- 30 interval beginning after a change to the first

number of beats  $N_1$  and ending after a change to the second number of beats,  $N_2$ , and a minimum value of the smoothed ACLs in a second interval beginning a predetermined number of beats prior to a change from the  $N_2$  beats to the  $N_1$  beats and ending with the beat associated with the maximum value;

(h) computing a smoothed ACL feature as the difference between the maximum value and the minimum value;

(i) calculating the mean value of the smoothed ACL features computed in step (h) over the  $N_3$  instances for each pacing mode inter-site delay configuration and determining the configuration yielding the largest mean value;

(j) determining among the  $N_3$  instances associated with the configuration yielding the largest mean value a median value and a maximum value of smoothed ACL features; and

(k) programming the pacemaker to the configuration determined in step (i) when the difference between the ratio of maximum value and the median value is less than a predetermined value.

4. The method of claim 3 and when the ratio of maximum value and the median value of smoothed ACL features is greater than or equal to the predetermined threshold value, repeating steps (i) and (j) after recalculating the mean of the instances of the configuration associated with the largest mean value of

smoothed ACL features after removing the instance having the maximum value of smoothed ACL features from the instances.

- 5        5.    A method of optimizing the inter-site delay and  
pacing mode configuration of a dual chamber pacemaker of  
the type having means for sensing atrial depolarization  
events, means for sensing ventricular depolarization  
events and means for applying cardiac stimulating pulses  
selectively to a plurality of sites at locations selected  
10    the right, left or both ventricular chambers at  
predetermined inter-site delay intervals following  
detection of atrial depolarization events, comprising the  
steps of:
- 15        (a)    tracking a patient's intrinsic ventricular  
depolarization events;
  - 20        (b)    measuring the patient's ventricular cycle  
length (VCL) between successive ventricular  
depolarization events over a first  
predetermined number of heart beats,  $N_1$ , and  
storing the measured VCLs as an array in a  
memory to establish a baseline value;
  - 25        (c)    changing at least one delay interval and pacing  
mode configuration by changing, for a second  
predetermined number of heart beats,  $N_2$ , less  
than the first predetermined number of heart  
beats,
    - (i)    one or more inter-site delay intervals of  
the pacemaker from the baseline value to a  
different delay interval;

- (ii) the sites to which the stimulating pulses are applied;
- (d) measuring the patient's VCLs between successive ventricular depolarization events over the  
5 second predetermined number of heart beats and storing the measured VCLs in the array in said memory;
- (e) calculating and storing a VCL feature value obtained from the patient's ventricular cycle  
10 length measured in steps (b) and (d);
- (f) repeating steps (a)-(e) in iterative cycles over a range of inter-site delay intervals and ventricular chamber(s) selected for receiving the cardiac stimulating pulses;
- 15 (g) after step (f) for each pacing mode inter-site delay configuration calculating the average of the VCL features over all of the occurrences of the configuration;
- (h) determining the optimal configuration from  
20 among the averages determined in step (g); and
- (i) setting the inter-site delay and pacing mode configuration of the pacemaker to the optimal inter-site delay and pacing mode configuration established in step (h).
- 25 6. The method of claim 5 wherein the VCL feature value is calculated by the steps of:
- (j) smoothing the array of VCLs;
- (k) determining from the smoothed array of VCLs a  
30 maximum value and a minimum value in a first predetermined interval measured in beats for

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each inter-site delay and pacing mode configuration;

- 5 (l) determining from the smoothed array a mean value of VCLs in a second predetermined interval measured in beats for each inter-site delay and pacing mode configuration;
- (m) computing an absolute value of the difference between said maximum value and said mean value and computing an absolute value of the
- 10 difference between said minimum value and said mean value;
- (n) comparing the absolute value of the difference between the maximum value and the mean value with the absolute value of the difference
- 15 between the minimum value and the mean value to determine which is the larger; and
- (o) setting the VCL feature value to the difference between the maximum value and the mean value when the absolute value of that difference is
- 20 greater than the absolute value of the difference between the minimum value and the mean value, and setting the VCL feature value to the difference between the minimum value and the mean value when the absolute value of the
- 25 difference between the maximum value and the mean value is less than or equal to the absolute value of the difference between the minimum value and the mean value.

7. A method for optimizing inter-site delay

30 intervals and pacing mode configuration of a



5 selectively stimulating the right, the left or both  
ventricular chambers with pacing pulses at predetermined  
inter-site delay intervals following detection of atrial  
depolarization events, the microprocessor-based  
controller having means for determining ventricular cycle  
0 lengths (VCLs) and a memory for storing data in an  
addressable array, comprising the steps of:

- (a) storing in the memory a listing of pacing mode and inter-site delay configurations, each such configuration specifying ventricular chamber(s) to be stimulated and an inter-site delay interval to be utilized;
- (b) pacing the ventricular chamber(s) in accordance with a pacing mode inter-site delay configuration selected randomly from said listing for a first number of beats,  $N_1$ , following a second number of intrinsic beats,  $N_2$ , sufficient to establish a baseline;
- (c) repeating step (b) for each pacing mode and AV delay configuration contained in the listing;
- (d) determining the VCL values between each of the  $N_1$  and  $N_2$  beats resulting from steps (b) and (c) and storing said VCL value in the addressable array in the memory;
- (e) repeating steps (b) through (d) a predetermined number of instances,  $N_3$ ;

- (f) smoothing the array of VCLs;
- (g) determining for all  $N_3$  instances of each pacing mode and inter-site delay configuration the maximum value of the smoothed VCLs in a first interval beginning after a change to the first number of beats,  $N_1$ , and ending after a change to the second number of beats,  $N_2$ , and a minimum value of the smoothed VCLs in a second interval beginning a predetermined number of beats prior to a change from the  $N_2$  beats to the  $N_1$  beats and ending with the beat associated with the maximum value;
- (h) computing a smoothed VCL feature as the difference between the maximum value and the minimum value;
- (i) calculating the mean value of the smoothed VCL features computed in step (h) over the  $N_3$  instances for each pacing mode inter-site delay configuration and determining the configuration yielding the largest mean value;
- (j) determining among the  $N_3$  instances associated with the configuration yielding the largest mean value a median value and a maximum value of smoothed VCL feature; and
- (k) programming the pacemaker to the configuration determined in step (i) when the difference between the ratio of maximum value and the minimum value is less than a predetermined value.

8. The method of claim 7 and when the ratio of maximum value and the median value of smoothed VCL features is greater than or equal to the predetermined threshold value, repeating steps (i) and (j) after  
5 recalculating the mean of the instances of the configuration associated with the largest mean value of smoothed VCL features after removing the instance having the maximum value of smoothed VCL features from the instances.

10 9. A method for optimizing inter-site delay intervals and pacing mode configuration of a programmable, dual-chamber, cardiac pacemaker of the type having means for sensing atrial and ventricular depolarization events, including a microprocessor-based  
15 controller using a plurality of pacing sites for selectively stimulating the right and left ventricular chambers with pacing pulses at predetermined inter-site delay intervals following detection of atrial depolarization events, the microprocessor-based  
20 controller having means for determining atrial cycle lengths (ACLs) or ventricular cycle lengths (VCLs) and a memory for storing data in an addressable array, comprising the steps of:

- 25 (a) establishing an upper rate limit and a lower rate limit for pacing and storing these in memory;
- (b) establishing a range of allowable delay intervals between pacing the right ventricle and pacing a first site in the left ventricle

in relation to said upper rate limit and said lower rate limit; and

- (c) making dynamic inter-site delay interval adjustments to optimize the interval based on a linear relationship between the delay interval between adjacent pulses in the right and left ventricles and the VCL or ACL, wherein said inter-site delay interval is adjusted between maximum and minimum values in said range of allowable delay intervals.

10. The method according to claim 9 wherein said adjustments are made on an on-going basis.

11. A method for optimizing atrioventricular delay, comprising:

- (a) tracking an intrinsic performance parameter of patient's heart;
- (b) measuring a performance parameter over a first predetermined number of heart beats,  $N_1$ , a first set of inter-site delay intervals and storing the measured performance parameter as an array in a memory to establish a baseline value;
- (c) changing at least one of one or more inter-site delay intervals and pacing mode configuration for a second predetermined number of heart beats,  $N_2$ , less than the first predetermined number of heart beats by charging

- (i) the delay interval of the pacemaker between successive sites from the baseline value to a different delay interval;
  - (d) measuring the patient's performance parameter between successive atrial depolarization events over the second predetermined number of heart beats and storing the measuring performance parameter in the array in said memory;
  - (e) calculating and storing an performance parameter feature value obtained from the patient's performance parameter measured in steps (b) and (d);
  - (f) repeating steps (a)-(e) in iterative cycles over a range of inter-site delay intervals;
  - (g) after step (e) for each pacing mode inter-site delay configuration calculating the average of the performance parameter features over all of the occurrences of the configuration;
  - (h) determining the optimal configuration from among the averages determined in step (f); and
  - (i) setting the inter-site delays and pacing mode configuration of the pacemaker to the optimal inter-site delays and pacing mode configuration established in step (g).
12. A method, as in Claim 11, wherein the performance parameter is selected from the group consisting of ventricular volumes, blood flow velocity, total acoustic noise, and direct measurement of pressure..

*Add a.i.*